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# Staff Council SUN

A PERIODIC NEWSLETTER FROM THE UTD STAFF COUNCIL

### FROM THE DESK OF THE STAFF COUNCIL PRESIDENT

### Coffee Bean Leader



An individual places three pots filled with water on a stove. In one pot is a carrot, in another an egg, and in the final pot ground coffee beans. The heat is turned up. The three items are allowed to sit and boil. After a half hour, the contents are removed and placed in a bowl. The individual noticed "the carrot was strong, hard and unrelenting. But, after going through boiling water, it softened and became weak. The egg was fragile. A thin outer shell protected a liquid center. But after sitting in the boiling water, the inside became hardened. However, the coffee beans are unique. After they were in the boiling water. thev became stronger and richer." Whenever reviewing the qualities of an effective leader, do you want the leader to be like "the carrot that seems hard but with the smallest amount of pain, adversity or heat, [they] wilt and become soft with no strength? [Is the leader an] egg, which starts off with a malleable heart? But after a death. breakup, divorce or layoff becomes hardened and stiff? [Their] shell looks the same but [they] are bitter and tough inside. Or [is the leader like the coffee bean? The bean does not get its true flavor until it reaches [boiling point]. When the water gets hotter, it just tastes better. When things are at their worst, [an effective leader should get better" (Carrot, Egg, or Coffee).

A leader shows his true colors based on the decisions he or she makes when facing trials, setbacks, or adversity. When tested, the leader has the capability to develop, mature, and flourish. On the other hand, when tested, the leader also has the potential to show characteristics of frustration, failure, and defeat. It is the leader's actions or inactions which determines his or her true character. So, who are effective leaders we can model ourselves

after? What are the characteristics of an effective leader? When does a leader know he or she is headed in the right direction? Where does one find examples of great leadership qualities? Why do we choose to study leadership? How can we avoid the failures of leaders before us, and achieve strategic success? These are all questions an individual seeking to be an effective leader may ask him or herself. However, we will focus on the following question: why should we choose to study leadership? We will examine the question by utilizing the analogy of the coffee beans and reviewing their origin. We will concentrate our efforts on three areas: planning, growing, and harvesting.

Before there ever is a coffee bean, a farmer has to plant a seed. However, before the farmer decides to plant the seed, he must realize that the seed needs "specialized climactic conditions to grow well and produce the most flavorful beans, the coffee plant takes on local characteristics due to soil, altitude, climate and other factors" (Hamry). The same is true in leadership. An individual who seeks to be an effective leader must realize they need the right conditions and circumstances to develop.

over, an individual must understand their current human characteristics are a direct product of their environment, education, and experiences. An individual who seeks to become an effective leader has to actualize where they came from before they can discern where it is they want to go. A person can be born with leadership qualities, but if they do not place themselves in the right conditions and circumstances they will not become as effective as their potential. This means a leader has to envision their goals, aspirations, and dreams. "Leaders perform function of goal setting in ways" (Gardner, p. 11). They have to plan to ensure their desires become reality. The old adage is true: a leader who "fails to plan is planning to fail" (Time Management Zone). Therefore, it is essential for anyone seeking to become an effective leader be a continuous learner. Leaders must continuously examine and explore new effective leadership qualities, reflect on their past experiences, and plan for their future.

When a leader plans for their future, they are preparing for their eventual growth. When a coffee seed begins to grow, it develops roots. "To be thick and strong, the coffee roots need an extensive supply of nitrogen, calcium and magnesium. During planting the main vertical roots are often clipped to promote growth of the horizontal roots, which then have better access to water and added nutrients in the top soil" (Hamry). The same is true in leader-When comprehending the root of a coffee plant, it can be used very effectively in studying leadership. As in all plants, the root system is seen as seekers of food. An individual studying leadership should continuously seek food for his or her development. A leader must seek out knowledge, just like a coffee plant root system seeks out food. Knowledge allows leaders to gain new insight into effective leadership qualities. As a result, the leader grows as he or she applies the new found knowledge. Thus, leaders become more effective. However, leaders must shed themselves of characteristics and traits they discover which do not assist with their development and growth. An individual seeking to grow as a leader must tap into their inner root. A leader must clip those roots within themselves that are negative or counter-productive. If a leader is effective in clipping the unnecessary roots, then they will find themselves producing a more effective root system. This will open more avenues and potential access for the leader to gain new knowledge and opportunities which will lead to their success. "Simply put, leadership [growth and] development is an effort (hopefully, planned in nature) that enhances the learner's capacity to lead people. Very simply put, leading is setting direction and guiding others to follow that direction. A critical skill for leaders is the ability to manage their own

learning" (McNamara).

After a leader has planned for and grown in their leadership future, they must find ways to measure their harvest. Harvest is defined as a "crop or yield of one growing season... the result or consequence of any act, process, event" (Dictionary.com Unabridged (v 1.1)). Coffee growers measure their harvest by using a process known as cupping. "Cupping is one of the coffee tasting techniques used by cuppers to evaluate coffee aroma and the flavor profile of a coffee. To understand the minor differences between coffee growing regions, it is important to taste coffee from around the world side-by-side. Cupping is also used to evaluate a defective coffee or to create coffee blends" (Hamry). Leaders have to develop the ability to self-evaluate themselves as well as adapt measures to evaluate others. They have to be like coffee cuppers. "The key to cupping coffee is practice and humility. The best cuppers...are modest and always eager to learn more...the secret to becoming a good coffee cupper is simple: trust yourself by practicing regularly and be humble enough to continue to learn from others" (Hamry). The same is true when you begin to evaluate your harvest as a leader. Whether you are evaluating yourself or others, a leader must be willing to continuously learn. A leader must be willing to continue to practice the characteristics of an effective leader. He or she must be willing to accept he or she is not perfect. A leader must be humble enough to learn from others. Just as a farmer evaluates the product in which he or she grows during a given season, so must a leader evaluate the knowledge they have gained during their season of life.

In conclusion, we must always have a continuous process of planning, growing, and harvesting. When tested during adversity, we should be the leader that clearly demonstrates development, maturity, and achievement. "At 211° water is hot. At 212°, it boils. And with boiling water, comes steam. And steam can power a locomotive. The one extra degree makes the difference" (Parker and Anderson). Just like the coffee beans are tested under adverse conditions and still have the ability to flourish, so should you as leader within your unit, division, or organization. As a result, your coffee seed will produce coffee beans that have immeasurable, infinite, and unlimited potential. The coffee beans at boiling point will produce a leader of elite character, potent fragrance, and unbelievable flavor.

Chris Dickson

President, UT Dallas Staff Council, 972-883-6783 dickson@utdallas.edu

## Staff Council Meet 'n Gree

The UTD Staff Council will host a "Meet freshments will catered by the staff and Greet" on Wednesday, October 29th from 11:30am to 1:30pm in the outdoor plaza in front of Cecil Green Hall and the Green Pit just inside Green Hall on the first floor. The theme of this fall's event will be Halloween. Costumes are encouraged and there will be several prizes awarded in the Halloween Costume Contest.

Staff of the university are encouraged to attend for an opportunity to meet their District Council members and participate in the games and activities. Recouncil and there will be a chance to play games to win prizes. Many of these exciting items will include things donated from various campus departments and groups to emphasize the unique range of contributions and activities representative of our wonderful campus community and staff.

During this event attendees will also hear about new and existing Staff Council projects. They are also encouraged to make suggestions on ways to improve UTD. Suggestion forms will be provided.

## Which district am I in?

#### District 1:

(EN) Eng. & Comp Science **Building North** (ES) Eng. & Comp Science **Building South** (HH) Hoblitzelle Hall

#### District 2:

- (JO) Erik Jonsson Academic Center
- (FO) Founders Building
- (FN) Founders North
- (FA) Founders West Annex
- (BE) Lloyd V. Berkner Hall
- (AS) Visual Arts Building
- (WT) Waterview Sciences and **Technology Building**

#### District 3:

(MC) Eugene McDermott Library

#### District 4:

- (AB) Activities Center
- (CN) Conference Center
- (SM) School of Management
- (SU) Student Union

### District 5:

- (PP) Physical Plant
- (PG) Police/Grounds Building
- (SB) Service Building

#### District 6:

- (AD) Administrative Wing (HRA) Human Resources Annex
- (MP) Mulitpurpose Facility
- (NL) North Lab Building
- (NB) North Office Building

#### District 7:

- (CA) Callier Center
- (GC) Cecil & Ida Green Center
- (GR) Cecil H. Green Hall

# Spotlight on Districts 1 & 2 Your Representatives!



Arturo Elizondo Jr.

Metta Alsobrook



Judy Patterson

Lin Maute





Kathy White

Mary-Margaret Echevarria



Michelle Long

Chaney Edwards



Caroline Crossley

Ed Bennett





## Annual Fall Forum and President's Town Hall

The Fall Forum at UT Dallas is a wonderful opportunity for staff members to meet your Staff Council representatives and to hear

Dr. Daniel's report on the accomplishments and goals for the campus community. President Daniel will be taking questions from the floor if time allows, so bring your questions if you have them. The forum will be December 3, 2008 at 10am, location is TBA.

The Staff council will report on its activities during the past year and recognize CARE Award winners and recent Staff Council Scholarship recipients.

Please plan to join Dr. Daniel and the Staff Council as we honor staff contributions at UT Dallas

The date for the Fall Forum has yet to be decided. Please keep watch for information regarding the time and place.

## **Coffee with the President**

Coffees with the president are held several times during the year and are sponsored by the Staff Council. Coffees allow staff members to meet with the president in an intimate setting to discuss ideas and concerns as well as staff suggestions. The next Coffee with the President is scheduled for December 16 at 9 AM for Districts 3, 5, 6 & 7. Staff members are chosen to attend, and a form and email will be sent out to all staff in the invited districts asking for those who have an interest in attending.



### **MARK YOUR CALENDAR!**

On Wednesday, Oct 29th, from 8 a.m. to 3:45 p.m., in front of the Activity Center, the UT Southwestern Center for Breast Care Mobile Mammography van will be on campus. This event is sponsored by the UT Dallas Staff Council's Wellness Committee.

Mammograms are available to those who are uninsured, or on Medicare; most insurance is accepted. Screening is recommended for women age 35 and older.



To schedule your mammogram: call 214-645-2560 or toll free 866-277-0710.

The UT Dallas Staff Council is sponsoring flu shots again this year. I know many have been asking when they are com-



ing. Well, they are on their way. We have tentative dates set at this time, but physical locations and times have yet to be determined. The shots will be administered by the Richardson Regional Medical Center staff.

The dates set are October 27<sup>th</sup> and 28<sup>th</sup> for personnel on the main UT Dallas campus. And October 29<sup>th</sup> for personnel at Callier / CBH. Stay tuned for additional information in the near future.

The flu shots will be provided to full-time staff and faculty at no charge. However, all donations to our staff scholarship fund will be accepted.

It's the time of year for parties. Those high fat foods are everywhere. Whether you are cheering on your favorite team as they spring to victory or catching up with your family members, toss this dip onto the table for a healthy alternative.

## Spinach Dip with Artichokes

cups fresh baby spinach leaves, slightly packed (4oz)

package (8oz) 1/3-less-fat cream cheese, softened

¼ cup reduced-fat mayonnaise

tablespoons shredded Parmesan cheese (1 oz)

<sup>1</sup>/<sub>4</sub> cup fat-free (skim) milk cloves garlic, finely chopped

teaspoon dried basil leaves

can (14 oz) artichoke hearts, drained, chopped

Baguette slices, if desired

Assorted raw vegetables, if desire

Heat oven to 350 F. Spray 1-quart shallow glass-baking dish or 9-inch glass pie

plate with cooking spray.

Place spinach in 2-quart microwavable casserole dish; add ¼ cup water. Cover; microwave on High 2 minutes. Drain well, pressing spinach with paper towels to remove excess liquid. Chop spinach.

In large bowl, beat cream cheese with spoon until smooth. Beat in mayonnaise, 3 tablespoons of the Parmesan cheese, the milk, garlic and basil until well blended. Stir in spinach and artichokes. Spread evenly in baking dish. Sprinkle with remaining tablespoon Parmesan cheese.

Bake 20 to 25 minutes or until heated through. Serve with baguette slices or raw vegetables.

1 serving (¼ cup): Calories 120 (Calories from Fat 70); Total Fat 8g (Saturated Fat 4g, Trans Fat 0g); Cholesterol 20mg; Sodium 280mg; Total Carbohydrate 6g (Dietary Fiber 2g, Sugars 1g); Protein 5g

This recipe was found on www.eatbetteramerica.com

## Campus Fundraising



Once again, the Staff Council will be selling beautiful Poinsettia plants to raise money for staff scholarships.

Order forms will be emailed to everyone by November 1 and must be submitted with payment no later than November 21st. Each plant is in a six inch pot and has multiple blooms. As in previous years, we will offer three color choices: pink, white and red. They

are **still only \$10.00 each**, complete with decorative sleeve and protective wrapping. In addition, our new grower will personally deliver orders to schools, churches and organizations who order at least 75 plants. So, please help us spread the word.

Don't forget...watch your email for more information and the official order form. There is a possibility that we will also offer another type of plant for those folks who aren't fans of Poinsettias. We will let you know soon.

## **3rd Annual SECC Bake Sale**

The third annual State Employee Charitable Last year the bake sales netted over \$1400 Campaign (SECC) Bake Sale will be held during two days – Wednesday, October 15th and Thursday, October 30th. Each day the sale will run from 9:00am to 2:00pm in the McDermott Library lobby. Many of the departments with offices in the MC Building will participate in the fundraising effort to raise funds for two of UTD's own -- Callier Center and the Academic Bridge Program. These departments include the McDermott Library, Financial Aid, International Student Services, McDermott Scholars, Learning Resources, Career Center, the Bursar's Office, Office of the Registrar, and the Galerstein Women's Center. There will be a large variety of items available – baked goods, egg rolls from a local restaurant, apples, oranges, coffee, cocoa and cider.

which was split between Callier Center and the Academic Bridge Pro<mark>gram. The McDer-</mark> mott Building departments hope to draw more attention to the sales by decorating the area and dressing in costumes. Plans are also in the works to have roaming sandwich boards throughout the quad area and the library. The coordinating committee is made up of Darlene Coppage (Staff Council Representative of District 6), Kathy Meyer, Denyse Henery, Tiah Lambert, Loreen Phillips (Staff Council Representative of District 6), Rosa Thompson, Linda DePhillips, Patsy Aguilera, Mary Roffino, and Iryna Shevchuk. They are excited to be a part of this fundraising effort which benefits two very worthwhile groups on the UTD campus.

## New Dean for Erik Jonsson **School of Engineering**



las in August as the new dean of the Jonsson School's growth in re-Erik Jonsson School of Engineering search funding, further strengthenand Computer Science and holder of ing the school's relationship with the Lars Magnus Ericsson Chair in industry and continuing to expand Electrical Engineering.

"Having worked closely with Mark while I was the engineering dean at the University of Illinois, I could not be more pleased with his selection," said UT Dallas President Dr. David E. Daniel.

A leading expert in robotics and nonlinear control theory, Dr. Spong was previously the Willett Professor

of Engineering at the University of Illinois at Urbana-Champaign. His research has applications to areas ranging from interplanetary robotic exploration to preventing falls among the elderly.

He takes charge of the Jonsson School at a seminal time in its development, following a \$240 million initiative that included constructing the 192,000-square-foot Natural Science and Engineering Research Laboratory building, adding two new academic departments Mechanical Engineering, and Materials Science and Engineering and laying the groundwork for a Department of Bioengineering.

Dr. Mark W. Spong joined UT Dal- "I'm dedicated to further bolstering academic offerings," he said.

## **Corporate Challenge**

## Launch of Employee Discount Program

UTD was one of the forty three Richardson companies that participated in this year's Corporate Challenge during the months of August, September, and October.

Through the enthusiastic involvement of many of our faculty and staff, the university medaled in nine events taking home eight gold medals, three silver, and five bronze.

In addition to bringing the UTD community together and giving employees the opportunity to make new friends, Corporate Challenge allowed the university to contribute and help support Special Olympics.

UT DALLAS



This benefit allows faculty and staff to take advantage of discounts provided by businesses in our community. Please visit <a href="http://www.utdallas.edu/hrm/benefits/facstaff/discount.php5">http://www.utdallas.edu/hrm/benefits/facstaff/discount.php5</a> to learn more about the program, including the list of current participants.

When you visit the program's web page, you will notice that this is different than the student-run discount program. You can still participate in any student negotiated discount programs where the vendor includes faculty and staff.

We will continue to update and add discounts as vendors apply. If you notice that your favorite business is not on our list, feel free to direct them to our web site and encourage them to enroll!

## **Welcome to Our New Staff!**

## July

Raul Hinojosa Jr, Director of Community Engagement

Brenda Donovan, Child Development Specialist III

Julia Kacergis, Program Coordinator

Diana McCreary, AA II

Davidson, Brandon, Software Systems Specialist I

Elizabeth Hull, Clinician

Michael Karich, Software Systems Specialist II

Juanita Loveland, AA I

Ruhai Tian, Research Scholar

Aylin Calisir, Secretary III

Emily Schmehl, AAI

Matthew Carter, AV Equipment Tech III

Christi Wright, Administrative Services Officer

Shawn Cubbage, Police Officer

Mary Brouillette, Director of Development, A&H

Peyton Cogliandre, Academic Advisor III

Cathy Steffen, Animal Programs Manager

Victoria Kolar, Switchboard Operator II

Tuesdee Cooper, Medical Typist II

Marcia Wood, Instructor, Research Project - Quilting

Fernando Cruchaga, Software Systems Specialist IV

Martha McAfee, Financial Services Asst

Keith Cheatham, Accounting Clerk

Nicole Kelley, Coordinator of Programs

Chris Hickson, Safety Specialist II

Karah Hosek, Communications Manager

Amy Giddens Dyson, Degree Plan Evaluator II

Belinda Franklin, AA I

Kenneth Richards, Chief Clerk

Mishall Dengle,AA I

Vanessa Boyle, Development Research Associate

Andrea Hapeman, AA I

Michele Myers, Director of Development

Patricia Garnica, Child Development Associate

Mary Benedicto, AA I

Kevin Mansfield, Landscape Supervisor

Jeffrey Joy, Software Systems Specialist IV

Robert Rooks, Director

### August

Kendra Noble, Student Development Specialist II

Deborah Buckner, AA I

Saket Singh, Software Systems Specialist II

Timothy Paschall, Web Specialist

Scott Steffen, Systems Analyst IV

David Daugherty, Senior Database Analyst

Marilyn Hicks, Child Development Associate

Jodi Roberts, Library Assistant

Renee Bell, AV Equipment Technician II

Tandra Toon, Clinical Coordinator

Olga Reyes-Alexander, AA III

LaShonda Elliott, Child Development Specialist II

Jesse Earl Davis, Computer Equipment Technician

Avivi, Yael Elana, Counseling Center - Intern

Rivero, Arlene Jean, Counseling Center - Intern

Kristin Harris-McDonald, Counseling Center - Intern

Reagan Youngblood, Audiology Clinical Extern

Jamie Cato, Clinician Jonathan Riley, Research Assistant III Technician II Natasha Hinton, Financial Carol (Christine) Salmon, Coordinator, Educational En- David More, Research Assis-Analyst hancement tant IIII Martha Tyndall, Enrollment Services Processor I Gregory O'Hagan, Police Of-Christopher Edwards, Lificer brarian Alex LOrrain-Hill, Tech Staff Asst II Daniel Johnston, Police Com- Adam Binnix, Police Officer munications Operator H Kerry Hennigin, Secretary Misty Williams, Academic Charles (Greg) Morris, Asst III Advisor II **VP Undergrad Admissions** Johnny Madrid, Maintenance Worker II Mindi Kalosis. Research As-Ana Zysko, AA II sistant I Ninfa De La Rosa, AA I Chad Pearson, Library Assistant III Grace Ekwue, AA I Donna Shannon, Police Communications Operator Bruce Jones, Asst Director Heather Culbert, AA II for Operations Kannan Ramanathan, Asso-Christopher Longstreet, Cociate Director ordinator of Educational En-Julie Rooney, AA I hancement Sandra Dillon, AA II Xiaohong (Sharon) Yang, As-September Carol Rambo, Senior Cussistant Director tomer Service Assistant Chelsea Villareal, AA I Paula Abercrombie, Assis-Agnes Wallace, Library As-Jo An White, Building Attentant Director sistant III dant II Andre Johnson, Degree Plan Gordon Allen, Asst Director Jenny Wakefield, AA II Evaluator I of Operations Teresa Brooks, AA II Paul Fielder-White, Guard, Nora Cutler Cope, Financial University Police Aid Officer II Jack Grinnan, Project Supervisor (Brain Health) Michael Henke, Research Nyaz Didehbani, Clinician Scientist Jennifer Reese, Assistant Di-Gwendolyn Perrilliate, Major rector, New Student Pro-Gifts Officer grams Alex Brandt, AV Equipment Aurora "Teri" Place, Library Tech

> Brought to you by the Staff Council Communications Committee

Tommi Ivey, chair Michelle Long, vice chair
Metta Alsobrook Corina Cantua, secretary
Laurie Brown Patrice Holt Lin Maute
Holly Orozco Loreen Phillips Brenda Seifi

www.utdallas.edu/staffcouncil

#### About the UTD Staff Council

The Staff Council is an advisory body through which eligible staff members can convey information and make recommendations to the President regarding interests and concerns of the university staff. The Staff Council is constituted by the President with the goal of continually improving university operations and the well-being of UTD's employees. The Staff Council addresses matters of general concern to the UTD community and, in particular, to members of the UTD staff and is not intended to supplant existing procedures for addressing individual grievances.